



## 2024 Rookie Ambassador 100km Caroline Overbeek – May, Part A

Hi everyone,

I was planning on singing my Part A report but I chickened out. Some would rightly say that in doing so, I did you all a community service. So please read/sing my Part A report below to the tune of the Twelve Days of Christmas (if you know it)...

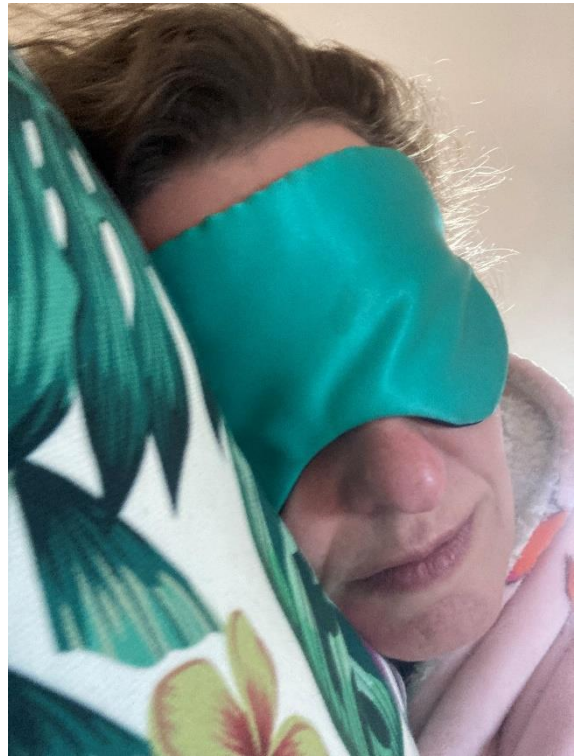
*On the 4th day of month May, trail running gave to me, Wilson's Promontory*



*On the 11th day of month May, Beechworth gave to me, two free beers (aaand Wilson's Promontory)*



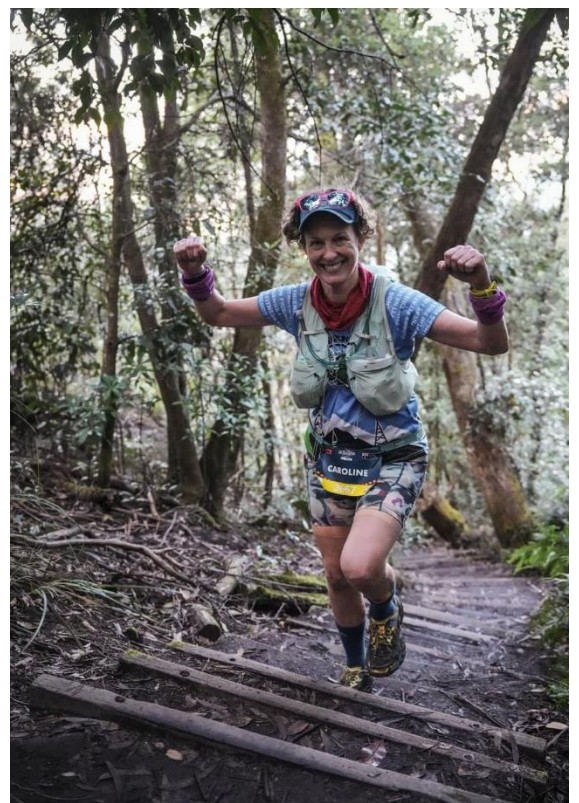
*In the third week of month May, tapering gave to me, a rested bod (two free beers, aaand...)*



*On the 18th day of month May, Blue Mountains gave to me, 50 kilometres (a rested bod...)*



*On the same day in month May, Blue Mountains gave to me, six thousssssand stairs (50 kilometres...)*



**Part B to follow in the next few days...**  
*Caroline*