

# The Run Larapinta Camping Village – INFO SHEET

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Thank you for booking into the Run Larapinta Camping Village. It will be a hive of friendly activity / sleepy runners during the event – please respect others and get into the 'camping vibe'.

## Background

The camp village is a joint responsibility between Rapid Ascent and Glen Helen. Rapid Ascent is providing and setting up the equipment and managing the bookings and access. Meanwhile Glen Helen are our hosts and are providing access to camp kitchen, power and their shared areas. So if you have any problems please ask Rapid Ascent but we may direct you to the friendly Glen Helen staff if it falls under them.

## Rapid Ascent will provide:

Each person who has booked a camping package will receive:

- 1x 2-person tent (ie. one tent per person – not shared)
- A 10cm thick, self-inflating camping mattress
- A pillow
- A camping chair so you can sit in the sun!

We will set up these items for you – but please look after them!! Remember this is camping - not 5-star glamping – it should be comfortable and social for those with the right attitude so set your expectations to match. The tents will be set up together, no more than 50m from the Glen Helen homestead buildings.

## What you need to bring:

- sleeping bag and pillow slip
- towel, soap and other toiletries...
- additional food + crockery if you want to do some self-catering
- light / head torch

NOTE: valuables left in your tent are done so at your own risk (but the venue is pretty quiet and we do not expect any issues).

## Glen Helen will provide:

- Access to shared toilets and showers
- A 'basic camp kitchen' that includes: sink with hot and cold water, gas BBQ, a small fridge, kettle, microwave and bench space. Note these are shared with all 80 campers so will be popular.
- Shared power points for charging phones / cameras...

NOTE: the following about Glen Helen:

- There is no access to wifi services due to renovations currently being conducted. There is some limited reception with OPTUS.
- There is no fuel (petrol or diesel) available at Glen Helen so make sure you leave Alice with a full tank if driving your own vehicle.

As well as these facilities, Glen Helen provides open access to their café / restaurant / outdoor dining areas and all other shared facilities. Although there are a few tourists and other visitors, Run Larapinta basically takes over the entire place while where there so we're all in it together!



## Meals

Campers are welcome to join with all other guests staying at Glen Helen to purchase and share meals whilst there.

### *Breakfasts*

Glen Helen will have breakfast available from 4:15am on day 4 (Monday 15<sup>th</sup> August) so can eat before getting on the bus to go to the stage 4 start.

### *Lunch*

They have a café / restaurant open all day where a range of lunch types of foods can be purchased.

### *Dinners*

Event dinners will be held at Glen Helen on day 3 and day 4 that everyone attends. They will include a range of food options with consideration given to the fact you need to eat plenty in order to fuel up for the following day! Further details will be posted to the event website nearer the race.

The day 4 dinner is the Final Presentation dinner and a 'must-attend-event' for everyone as we recount stories from the week and acknowledge the overall race winners. Further details will be posted to the event website nearer the race.

If you have any questions regarding the camping village before the event please contact [info@rapidascent.com.au](mailto:info@rapidascent.com.au)

